

# How is the Wellbeing of Latinos in Mendocino County?

UVA Vecinos en Acción distributed a survey on health equity to people living in Mendocino County. The survey was available in English and Spanish.

175 people responded to our survey based on their lived experiences receiving health care services and their wellbeing.



Do you have health insurance?

If you have questions about your health insurance, are you able to get assistance in your language?





If you have questions about your health insurance, are you able to get assistance *in person* in your language?

Have you received health care in the past year?





Are you able to schedule an appointment in a timely manner?



When at your physician's office, are you able to get assistance in your native language?

Do you feel comfortable advocating for yourself or family when speaking with your physician?





Is information given to you by a doctor provided in a way that you are able to understand?

Are you satisfied with the quality of care that you receive?





Were you able to access health care during the pandemic?



Did you use video (zoom, webcam) to meet with your provider during the pandemic?

Do you have transportation to and from your medical appointments?

80% yes



Is there a grocery store within an accessible distance of your home?

During the pandemic, did you have access to nutritious foods?

88% yes



In the past year, have you had to go hungry because of lack of resources?



Do you have access to a safe space to exercise?

Do you have access to safe outdoor space for recreation?





Is there a sense of belonging in your community?

Do you feel like you have support from the people around you?



# **Key Findings**

- 24% of people do not have health insurance
- 30% of people are not able to schedule an appointment with their provider when they need it
- 25% of people did not have access to health care during the COVID19 pandemic
- 62% of people did not use video (webcam, Zoom) to meet with their provider during the COVID19 Pandemic
- 20% of people do not have transportation to and from their appointments
- 31% of people do not have access to safe outdoor space to get exercise
- 25% of people said they do not have an outdoor area for recreation
- 32% of people do not feel like they belong in the community